

**7**  
**WEEKS**



**14**  
**SESSIONS**

**March 14th - April 27th**

**New this year off-ice strength and conditioning**

**Cost: \$300 for pre-sign up or \$30 drop in / Space is limited to 20 players**

**Open to 2002 - 1999 birth years**

**NAME:** \_\_\_\_\_ **DOB:**    /    /

**PARENTS:** \_\_\_\_\_ **CELL:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**FALL/WINTER TEAM:** \_\_\_\_\_ **LEVEL:** \_\_\_\_\_

**POSITION:** \_\_\_\_\_

**Tuesday Off-ice 6:00 - 7:00pm / On-ice 7:30 - 8:45pm**

**Thursday Off-ice 6:00 - 7:00pm / On-ice 7:30 - 8:45pm**

**Bring a dark and light colored jersey**

**SIGN-UP: Coach Craig Carlyle**  
**craigjrgulls@gmail.com (714) 267-7440**



[jrgullshockey.com](http://jrgullshockey.com)