



# SAN DIEGO JR. GULLS

# GIRLS CAMP

## WORLD CLASS INSTRUCTION JULY 9TH - 13TH

**BLAKE BOLDEN**  
BOSTON COLLEGE  
HC LUGANO (SWITZERLAND)

**MEGAN BOZEK**  
UNIV. OF MINNESOTA  
US OLYMPIAN AND WORLD CHAMPION

**BRIANNE MCLAUGHLIN**  
ROBERT MORRIS UNIV.  
US OLYMPIAN AND WORLD CHAMPION



**18 HOURS**  
On-Ice  
Instruction

**10 HOURS OFF-ICE**  
Shooting  
Stick-Handling  
Plyometrics

**MENTAL PREPARATION**  
Hockey Game  
Visualization and  
Focus Techniques

**OPEN TO GIRLS  
FROM ANY CLUB  
BORN 2001-2009**

**Here to help your player take her game to the next level.**

8:30 am Check-In 4:00 pm Pick-Up | Cost \$450 | Bring your own snacks, lunch, and water!

Sign-Up: Ice-Plex Box Office, [boxoffice@iceplexescondido.com](mailto:boxoffice@iceplexescondido.com) / 760-489-5550

Questions: Alex Morrison, [sandiegogirlshockey@gmail.com](mailto:sandiegogirlshockey@gmail.com)

Player Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

DOB: \_\_\_\_\_

**The terms of agreement** - I as the above named participant or authorized parent or guardian of the participant do hereby acknowledge by participating in the Ice-Plex program, the participant may be exposed to risk of injury that is inherent in ice skating and playing ice hockey. I hereby acknowledge that the Ice Group Escondido, Ice-Plex Escondido, and the Ice-Plex staff are not responsible for any damages or injuries that result from their participation in this program. Ice-Plex reserves the right to cancel or reschedule any event that goes along with this program. refunds must be submitted in writing and will be reviewed; however there is no guarantee a refund will be given. I agree with the terms of this agreement and declare that all information written above is true.

Signature

Date

